

Magical Healing Moments ***with Jelila, Master in Residence***

Jelila

Jelila is an internationally acclaimed natural intuitive healer with a unique gift for colour, sound and vibration. Her powerful yet gentle crystal and sound healing brings mind, body, and spirit into balance and alignment. Jelila holds her clients safely in a personal journey to discover and release their individual challenges, emotional blocks, and negative patterns, enabling well-being, health, happiness and success.



The many therapies Jelila offers include: past life regression, energy healing, sound and crystal healing, aura & chakra balancing, clairvoyance, negative belief clearing, inner conflict resolution, soul pulling, and inspiring workshops such as 'Having it all – NOW!' (total abundance) and 'Awaken your psychic sense'. Jelila's innovative healing CDs are available for home use.

Jelila studied Kundalini yoga and Gabrielle Roth Five Rhythms Dance for ten years which opened her awareness of energy and other dimensions. She has a heavenly voice, and sings her clients into harmony and balance with her beautiful songs and vocal toning. Jelila is an initiate of the Curanderos Mexican shamen, and offers a number of powerful yet gentle shamanic healing techniques such as soul pulling, which gently retrieves energy stuck in past situations so that present relationships can heal, and matrix activation, which aligns your matrix for destiny, karma, energy, soul, and experience, bringing clarity and focus.

Jelila's gifts of channeling light and information from other realms, her ability to travel inter-dimensionally, and her loving sensitivity, have helped many people along their path to wholeness. Jelila has a uniqueness which inspires others to discover and explore their inner landscapes with a wise yet childlike innocence. She is an intuitive visionary whose playful, loving and creative approach to healing has helped many people discover their divine selves.

Jelila's unique healing gifts have been acknowledged by some of the world's top resorts. She has been Master in Residence at The Balé, Nusa Dua Bali (Sanctuary Resorts) and Healer in Residence at The Four Seasons at Jimbaran Bay, Bali. She is well-known in Bali for her healing work and her popular wellness column in Bali Advertiser newspaper, which attracts 40,000 readers per month. She is also a mentor for other healers.

Jelila offers workshops, residencies, retreats, and healing sessions, sharing her unique skills and helping many people in Bali, Singapore, Australia, Hong Kong, Thailand, and other locations according to schedule.

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ABOUT HOLISTIC HEALING

Having enjoyed Ayurveda, or Massage, you may empower and heal yourself more deeply, through holistic healing. These sessions focus on your entire being – Mental, Emotional, and

Physical. You can choose a general healing, or choose specific areas to focus on. The Holistic Practitioner is a highly trained intuitive guide who will balance and rejuvenate your energy, and in the deeper sessions, hold you in a personal journey to discover and release your individual challenges,

emotional blocks, and negative patterns, leaving you freer, more successful, relieved, happier and relaxed.



About the Session: Crystal and Sound healing is powerful, yet gentle. First there is a consultation – time to talk about any current life issues and agree the form the healing will take. Then the client lies down for a gentle relaxation meditation, relaxing as the pure vibration of crystals and Jelila's voice restore perfect energy flow and harmony. There is time to discuss past lives and any emotional blocks that Jelila psychically senses. Jelila brings her knowledge of many healing arts to bear in the moment and will advise you of what she intuitively feels you most need.

This is the place to relieve stress, and receive powerful help in literally any area of your life that bothers or challenges you, however big or small! Allowing you to enjoy your life more, be more successful, healthy, abundant, loving, and happy!

THE MENU ITEM CHOICES:

DEEPER EMOTIONAL HEALINGS:

peaceful

PAST LIVES HEALING

Per 90 minutes USD 225. Per couple 90 minutes: USD 405

This deeper healing uncovers repeating patterns in your life now, revealing the original cause in this or past lives. You are likely to discover past lives in this deep yet gentle healing that leaves you feeling resolved, relieved, and free.

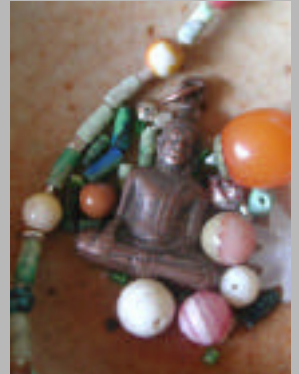
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deeply transforming JELILA'S SIGNATURE HEALING

Per 90 minutes: USD 225

Jelila's signature healing, offering 'optimal healing'. Includes hands-on healing, crystal and sound healing, energy healings, past life clearing, negative belief clearing – whatever you need! No problem or ambition is too big or too small.

Jelila holds a safe space, giving you her wisdom and healing power, with compassion and no judgement. Three of these sessions help to create major transformation and profound realisations leaving you feeling happy, relieved,



and renewed.

freeing NEGATIVE BELIEF CLEARING

Per hour USD 150

Negative beliefs have a profound effect on the outcomes in your life. In this transforming yet gentle session, Jelila will identify some of your negative beliefs, and clear them for you, enabling rapid improvement and ease in many areas of your life. Leaves you feeling relieved, clearer, relaxed and aware.

helpful PERSONAL COUNSELLING

Per half hour: USD 75

Jelila brings her compassion and non-judgemental wisdom, enabling you to share honestly and gain a deeper understanding of the root cause of the problem. For health, abundance, family, relationship, or work issues. Leaves you feeling relieved and clearer.

THREE SECRET HEALINGS OF THE MEXICAN CURANDEROS SHAMEN

completing SOUL PULLING

One hour: USD 185

A gentle yet profound healing, like a waking dream. It gently retrieves energy left behind in past situations, leaving you feeling more whole and complete, resolving past relationships so that present ones can heal. (Note: I require one of my colleagues to assist, and mattresses for the client to drop back on.)

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aligning MATRIX ACTIVATION

One hour session. Includes counselling: USD 180

Activates your matrix for Soul, Destiny, Karma, Experience and Energy, aligning you with your soul's plan. The gentle yet transforming technique using ancient 'mudras' or hand positions over the body as you relax brings about immediate and long-term change, leaving you feeling clear, aligned, and focused

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17	7	15	21	52	72	36
28	20	52	10	12	10	12
32	56	24	11	14	11	8
53	47	47	12	12	8	19
22	47	19	22	11	12	18
56	21	37	64	22	28	27

energising LIGHT LANGUAGE

Per half hour USD 75. Per couple per half hour: USD 150

The ancient 'language of light' – sacred shapes and colours are the building blocks of existence. Jelila sings light language over your aura and chakras, leaving you feel purified, energised, balanced, and renewed.

angelic ANGEL HEALING

Per hour USD 150. Per couple per hour: USD 275

Jelila surrounds you with white light and invites in the angels and archangels. Feel the soft angelic presence as you connect with your own angelic wisdom. If the angels have messages for you, Jelila will let you know if you wish. For healing, peace, and comfort. Leaves you feeling soothed, relaxed, and healed.



goddess GODDESS HEALING

Per hour: USD 150

Jelila surrounds you with blue light and invites in your higher self and the goddess that you are. An empowering healing activating your feminine power and what you want to create, leaving you feeling womanly, creative and miaow! A Goddess! You can collect Jelila's Goddess jewellery (left) if you wish.

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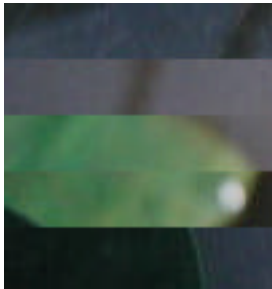
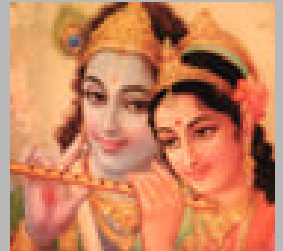
inspiring SOULMATES

One hour session. USD 150. Per Couple per hour: USD 205

To deepen your relationship (or help you find your soulmate, if you haven't met them yet). A guided visualisation leads you to meet your 'inner mate' – a powerful healing that opens you to create the soulmate relationship you desire.

Sound and crystal healing clears any blocks to love, leaving you relaxed and

ready to truly love yourself and.. your soulmate!



romantic

CRYSTAL & SOUND HEALING FOR LOVERS

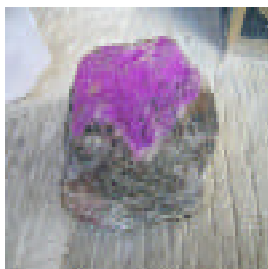
Per couple per hour: USD 205 Per person: USD 150 per hour

A gentle couples healing celebrating your relationship. Relax in heavenly healing sound and crystals. Individual healing, plus a high vibration input for your relationship, leaves you feeling relaxed, inspired, and loving. There is time to share and talk about your relationship if you wish.

relieving STRESS REDUCTION HEAD HEALING

Per half hour: USD 75

A relaxing hands-on healing focusing on the head, clearing negative and excessive thought patterns, freeing you from worry. Good for relieving 'head trips', leaving you feeling clear, refreshed, and relieved.



rejuvenating

YOUTHENING CRYSTAL FACIAL HEALING

Per half hour: USD 75

A healing focusing on rejuvenating the cellular structure of your face, enhancing energy flow, and relaxing the mind, using the healing power of crystals. Relax as crystals are placed on and around your face, and the healing energy rejuvenates. Leaves you feeling relaxed, fresher, and lighter.

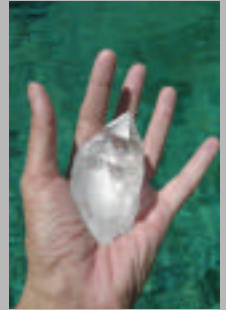
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refreshing

HANDS-ON HEALING & CHAKRA BALANCING

Per half hour: USD 75

After massage, begin with a soothing half-hour session to balance your emotions and energy. Silent, soothing hands-on healing, may include sound healing if you wish. Balances the chakras and aura, leaving you feeling clear, relaxed and refreshed.



enlightening

IDIOTS GUIDE TO ENLIGHTENMENT

Per person per hour: USD 150. Per couple per hour: USD 205

Have you ever wondered what enlightenment is? In this remarkable session Jelila shares 'three steps to enlightenment' a simple yet profound process that enables you to appreciate what enlightenment is, and move towards it, if you wish.

wise

SPIRITUAL GUIDANCE

Per hour: USD 150. Per couple per hour: USD 205

Spiritual guidance and advice for seekers. Jelila helps you reach your own clarity and choice and will be happy to share her vast knowledge of holistic matters with you, in an accessible way. Leaving you feeling relaxed, clearer, and inspired.



SOUND HEALING

harmonising

SOUND HEALING

Per half hour USD 75. Per couple per half hour USD 150.

Groups of three or more USD 105 per person per hour

Sound healing has been used since ancient times to rejuvenate, refresh, and heal. The healing sound physically vibrates every cell of the body introducing balance and harmony. Everything has a vibration – this paper, the table, even you! When an engine is out of whack, you hear it rattling. Disharmony in the body is the same, and Jelila being an intuitive is able to sense this and bring harmony with the high vibration of her amazing singing and toning.

Relax deeply and allow the wall of sound to wash over you, balancing, clearing, releasing past trauma, leaving you feeling cleared rejuvenated and renewed. A master of sound, Jelila's knowledge

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line descends from the Ancient Egyptian Hathors, the lute songs of Medieval England, and the earthy sounds of the North American Indians, to name a few. All of which you will enjoy in her magical and original work. Relax and lie down as Jelila sings and tones intuitively, with guitar, bringing you to harmony, health, and wellbeing. Not to be missed.



uplifting

JELILA'S SOUND HEALING CONCERTS

Price depends on size of group (guide: USD 35 – 90 per person per hour)

Enjoy Jelila's amazing singing voice, as she sings her inspiring original songs to groups for entertainment, relaxation, healing, and enjoyment. Lute songs are ancient English tales. There are love songs and inspiring songs of higher relationship. Magical meditation journeys give abundance and clarity. Leaves you

feeling relaxed, healed, inspired, and happy.



healing at home

JELILA'S HEALING SINGING CDS

From: USD 80 to USD 120. Collect all three for USD 250

Benefit from Jelila's magical healing as you relax at home!

Each CD contains a different sub-conscious healing, and they work even while you are sleeping - a very time and cost-effective way to relaxation & healing!

Just put them on at bedtime! Great value, use them over and over again.

Lovingly hand-recorded, LIVE, capturing various high-vibration locations. Enjoy them at home or give as uplifting gifts.

clarity

DOLPHIN JOURNEY CD

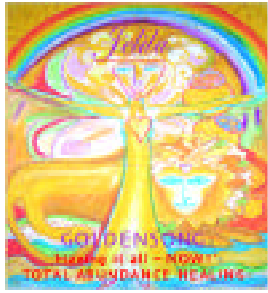
USD 80, Collect all 3 CDS for USD 250

A magical healing song, unaccompanied, of an undersea encounter with dolphins. The dolphins carry you gently to the Lemurian crystal pyramid, where you remember who you really are. For clarity and awakening you to your deeper



powers capabilities and gifts.

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abundance

GOLDENSONG CD

USD 120, Collect all 3 CDS for USD 250

A magical abundance healing song, with guitar, opening your awareness of what is possible in your life. For total abundance in all areas – health, wealth, love, perfect self-expression – or ‘Having it all – NOW!’

relationship

LOVE TRAVELS CD

USD 80, Collect all 3 CDS for USD 250

Seven original healing songs of higher relationship, with guitar. Includes ‘Cloth of Gold’ a high vibrational song that raises your vibration for higher relationship as you listen. For happiness and harmony in relationship.



WORKSHOPS & GROUPS:

Workshops are group sessions that focus on helping you improve or discover yourself, offering techniques to make your life easier, more enjoyable, and more rewarding.



joyful

SACRED LOVE CIRCLE or HEALING CIRCLE

complimentary, daily 3 – 4 pm

Come and play in a joyful and inspiring healing experience where you meet others and yourself in a festival of mind, body, and spirit! Through sound, movement, meditation and music, connect with yourself and your partner, have fun, discover and express more of who you are!

interesting

AWAKEN YOUR PSYCHIC SENSE

half day workshop (120 minutes) USD 225 min of 4 persons

Discover your innate psychic abilities through a fascinating workshop with a master in the field. Through collage, channeling, sound work, and guided visualisation, you will gain a sense of your own psychic knowing. You will be surprised to discover the messages hidden within everything around you that can help and guide you in making more creative, wise, and enjoyable choices in your life and business! Jelila will sing a special healing energy initiation that opens you to your psychic abilities, as you relax and listen. Gain practical and fascinating techniques that will help you to know what you want in life – and get it! Leaves you feeling inspired and connected.

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fun

'HAVING IT ALL – NOW!' WORKSHOP

USD 175 per person for 90 minutes, min of 4 persons

Discover how to create everything you ever wanted in your life, through a fun process for creating health, wealth, love, perfect self-expression – or, 'Having it all – NOW!'

In this workshop, you discover conscious creation – how to actively and consciously create what you truly desire. Through visualisation, as Jelila sings a special 'destiny energy healing' which opens you to possibilities, you will discover a bigger vision for yourself. We then sing your dreams into reality (no experience necessary) by creating a sound vibration which physically goes out into the world to manifest the change powerfully. You take the process away with you so you can practise realising your dreams on an ongoing basis. Leaves you feeling relaxed, renewed, clearer, refreshed and positive and ready to enjoy the fruits of – having it all!

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